



Quest Diagnostics  
**Frequently Asked Questions**

General information

Q: What should I





## Screening information

Q: If I participate in the biometric screening, will it be billed to my health ins

## Screening information continued

Q: Do I need to fast before screening?

A: Your employer will communicate to you whether your program is a fasting or non-fasting screening. If it is a fasting program, you will need to fast for 9-12 hours prior to the blood collection for accurate results. You should take any regularly scheduled medications as usual. Drinking plenty of water is recommended during the fasting period. If you are participating in a screening that does not require you to fast, this means you are free to eat before your screening.

Q: What if I have a regular physician exam and want my physician to provide my laboratory results?

A: You can utilize a Physician Results Form as long as all required tests are available in your chart at your SK\VLFLDQ. You will select the Physician Results Form option as part of the screening scheduling process. A Physician Results Form, pre-populated with all of your demographic information, will be made available for you to print. Then follow the steps below:

- x Ask your doctor to complete the form using lab results performed during the defined screening window; your doctor may charge a fee to complete the form and you would be responsible for payment.
- x Check to see that the form is complete with all required screening results, biometric values, and signatures and within the specified timeframe.
- x You or your doctor can fax the completed

